

Columbus

ROAD SHOW



Tuscany

Jolly Hotel Madison Towers
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This event has been created by:



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Under the support and cooperation of:



Livorno Chamber of Commerce



Piombino Harbour Department



Tuscan Archipelago
Community



Suvereto Town Hall



San Vincenzo Town Hall



Vinci Town Hall



Cooperative Bank of Credit in Castagneto Carducci



Etruria Bank

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TUSCANY: FROM THE SEA TO THE CITIES OF ART

We have organized different kinds of tours, from the easiest to the most complete one, that will give you the chance to discover Tuscany in the most intimate and true way. We will visit the most popular cities of art and the minor historical towns; we will meet the Etruscans and admire amazing natural sceneries; you will taste the local cooking and some of the best Italian wines. The stages of every trip are studied to offer a varied vacation rich of contents. A series of overall and complete proposals.



Bolgheri, «Boulevard of Cypresses»

The Flavours of the Etruscan Coast

8 days/7 nights

1st Day Arrival in the afternoon at the hotel. Before dinner we invite you to take a long walk in the wonderful pinewood along the sea, to admire the sunset. Back to the hotel for dinner.

2nd Day – Wine After breakfast, departure to **Bolgheri**. After a short visit of San Guido, and a little walk along the famous «Boulevard of Cypresses», there will be a guided visit of a winery with wine tasting. Lunch in a typical restaurant and visit of the medieval village of Bolgheri. In the afternoon visit of Castagneto Carducci. Return to the hotel, dinner and overnight.

3rd Day – Honey After breakfast, departure to **Rosignano Marittimo**. Visit of the medieval village. Guided visit to a famous honey producer with tasting. Departure to Castiglioncello (1). Lunch in a restaurant on the sea, tasting typical fish dishes. After lunch visit of Castiglioncello, taking a walk along the sea. Return to the hotel, dinner and overnight.

4th Day – Wine and typical products Early in the morning (after breakfast) departure to **Cecina**. Visit of the typical weekly market, where you will admire the all the stalls of typical products as vegetables, cheese, fruit, fish, cold meats and salami and many other things (2). The rest of the morning is dedicated to shopping. Lunch is free. After lunch, departure to **Riparbella**. Guided visit of a winery with wine tasting. Return to the hotel, dinner and overnight.

Price per person in double room € 650,00

Included in price

- 7 nights in a hotel***
- Half board
- 4 lunches in typical restaurants
- 5 tasting (wine, oil, honey and cheese)
- 1 visit of the Archaeological Park of Baratti and Populonia
- 1 visit of The Archaeological Mines Park of San Silvestro

Price excludes

- Coach and transfers
- Tickets of Museums, Monuments and Parks, not mentioned above
- Single supplement: + 30%
- Everything not included in the above mentioned «Price includes».

Price valid till June 15th and after September 15th 2009.

The itinerary could be change on request.

5th Day – Archeology The entire day will be dedicated to the visit of the two areas situated south of the Etruscan Coast: the Archaeological Park of **Baratti (3)** and Populonia in the morning and The Archaeological Mines Park of San Silvestro in the afternoon (4). Return to the hotel, dinner and overnight.

6th Day – Cheese Breakfast and departure to **Volterra (5)**. Visit of the wonderful town. Lunch in a typical restaurant. After lunch a nice walk in the old centre and then visit to a farm producing cheese and typical products with tasting. Return to the hotel, dinner and overnight.

7th Day – Oil After breakfast, departure to **Suvereto (6)**. Visit of the medieval village. During the morning, visit to a oil producer with tasting of oil and typical products. Typical lunch in one of the famous restaurants of the area. In the afternoon visit of Campiglia Marittima and **Piombino (7)**. Return to the hotel, dinner and overnight.

8th Day – Departure Check-out e departure in the morning.





Suvereto

The Colours of the Etruscan Coast

8 days/7 nights

1st Day Arrival on the **Etruscan Coast** – Check-in. Escursion in the area, the marina, the pinewood. Back to the hotel for dinner.

2nd Day After breakfast through the pinewood you reach **Bolgheri (1)** taking the famous avenue of Cypresses. Through a beautiful avenue between olive groves and vineyards you will arrive at **Bibbona**. The road that overlooks the hills covered by scrub leads to Casale Marittimo and Guardistallo. Return to the hotel for dinner.

3rd Day Departure in the morning, towards **Castiglioncello (2)** then up to Rosignano Marittimo. From here proceed to Pomaia then Pastina and Santa Luce. From Santa Luce up to the hills of Castelnuovo della Misericordia , Gabbro and Nibbiaia. Lunch in a restaurant or farm for holiday. After lunch following a scenic route departing from **Santuario di Montenero** through the village of Castellaccio and beautiful valleys of the river Chioma which leads to a viewpoint from which you can see the city of Livorno and the coast. Return to the hotel for dinner.

4th Day After breakfast departure for Livorno along the Old roman road Aurelia along the coast characterized by a high profile and rocks. In **Livorno (3)** you will see the Terrazza Mascagni and the

Price per person from € 680,00

Included in price

- 7 nights – half board in hotel 3-4 stars
- 1 day in a wellness centre
- 1 visit + tasting in a wine estate
- 1 lunch in a farm-holiday
- 1 boat tour in the canals of Livorno
- 1 guide
- on-site assistance

Price excludes

- Coach and transfers
- Tickets of Museums, Monuments and Parks, not mentioned above
- Single supplement: + 30%
- Everything not included in the above mentioned "Price includes".
- Prices are valid until June 15th and after September 15th 2009.
- On request bike rental. Costs vary depending on the type.

The itinerary could be change on request.

Old Fortress. Visit of the district of the Venezia (because of its canals) and cruise in to the Medicean Canals. Free Lunch in Livorno. Return to the hotel in late afternoon for dinner.

5th Day All day for relax: dedicated to body care, at a wellness centre where you will spend a wonderful day with a light meal. Dinner in hotel.

6th Day Departure after breakfast for the renowned Wine Route between the vineyards that allows you to admire the hills and the beauty of the Tuscan countryside (**4**); This are the most attractive streets of **Etruscan Coast** characterized by oak trees, olive groves and vineyards. Guided tour in a cellar with wine tastings. Free Lunch. Return to the hotel. Afternoon free. Return to the hotel for dinner.

7th Day Excursions: to the wonderful medieval village of **Suvereto (5)**. Continue on the road between beautiful trees, oaks and oak rises to Prata and Sassetta before falling back towards **Castagneto Carducci**. Free Lunch. Afternoon visit the wonderful Archaeological park of **Baratti (6)** and **Populonia (7)**. Return to the hotel for dinner.

8th Day After breakfast, departure.





Pisa, Piazza dei Miracoli

Enogastronomy

1st Day arrival at the Pisa Airport «G. Galilei»; meeting with the tour guide and first stop at **Piazza dei Miracoli**. Guided tour of the city with the jewels: the Dome, the Baptistery and the hanging Tower. Transfer to the booked venue and accommodation of guests in rooms. Free time at your disposal and in the evening a typical Tuscan dinner. Overnight stay.

2nd Day breakfast and reserved bustransfer to **Massa Marittima (1)**, guided tour of the city with lunch and a wine tasting of the typical DOC wines from the region Montenegro. Bustransfer to **Suvereto**, guided tour of the medieval borgo and tour of one of the most famous wine cellars in Tuscany; Typical dinner and wine tasting of **Cornia Valley** wines. Return and overnight stay.

3rd Day breakfast and reserved bustransfer to **Florence (2)**, guided tour of the city and free lunch; bustransfer to **Vinci (3)** with guided tour of the borgo, typical dinner and wine tasting of DOCG **Chianti Montalbano**. Return and overnight stay.

4th Day breakfast and reserved bustransfer to **San Gimignano (4)**, guided tour of the city with lunch and wine tasting with typical DOC Vernaccia wines; bustransfer to **Bolgheri** and guided tour of the prestigious DOC Bolgheri wine cellars; typical dinner and wine tasting of some of the most important Italian wines. Return and overnight stay.

Notes
Accommodation in tourist venue (hotel, residence, country house). Cleaning and bed linen changing are included.
Quote per person from € 750,00
Supplement for single room 30%
Individual quote on request
This price is based on minimum 20 persons

The itinerary could be change on request.

Tour North

7 days/6 nights

The quote includes
Transfers airport/booked venue
Breakfast, lunches and dinners as program
Guided tours as program

The quote does not include
Wine tastings
Drinks
Possible entrance tickets
Non mentioned meals
Tips

5th Day breakfast and reserved bustransfer to **Monteriggioni**, guided tour of the fortified borgo, free lunch and bustransfer to **Siena (5)**, guided tour of the city, bustransfer to **San Galgano (6)** with typical Tuscan dinner and local wines. Return and overnight stay.

6th Day breakfast and reserved bustransfer to **Livorno**, guided tour of the city with typical lunch with the **Cacciucco** (fish course) and local wines; bustransfer to **Montescudaio (7)** with guided tour of the medieval borgo, typical dinner and wine tasting of the DOC Montescudaio area wines. Return and overnight stay.

7th Day breakfast and reserved bustransfer to the airport «G. Galilei» of Pisa; departure with a scheduled flight and return back home.





Florence



Enogastronomy

1st Day arrival at the Pisa Airport «G. Galilei»; meeting with the tour guide and first stop at **Piazza dei Miracoli**. Guided tour of the city with the jewels: the Dome (1), the Baptistery and the hanging Tower. Transfer to the booked venue and accommodation of guests in rooms. Free time at your disposal and in the evening a typical Tuscan dinner. Overnight stay.

2nd Day breakfast and reserved bustransfer to **Massa Marittima**, guided tour of the city, lunch and wine tasting of the typical DOC Monteregio. Transfer to **Suvereto**, guided tour of the medieval borgo, visit at one of the most famous wine cellars in Tuscany; local dinner and wine tasting of the Cornia Valley wines. Return and overnight stay.

3rd Day breakfast and reserved bustransfer to **Florence**, guided tour of the city and free lunch; transfer to **Greve in Chianti (2)**, typical dinner and wine tasting of DOCG Chianti dei Colli Fiorentini. Return and overnight stay.

4th Day breakfast and reserved bustransfer to **Scansano (3)**, walking in the town. Lunch and wine tasting of DOC Morellino di Scansano; transfer to **Pitigliano (4)** and guided tour of the tour; local dinner and wine tasting of DOC Bianco di Pitigliano. Return and overnight stay.

Notes
Accommodation in tourist venue (hotel, residence, country house). Cleaning and bed linen changing are included.
Quote per person from € 750,00
Supplement for single room 30%
Individual quote on request
This price is based on minimum 20 persons

The itinerary could be change on request.

Tour South

7 days/6 nights

The quote includes
Transfers airport/booked venue
Breakfast, lunches and dinners as program
Guided tours as program

The quote does not include
Wine tastings
Drinks
Possible entrance tickets
Non mentioned meals
Tips

5th Day breakfast and reserved bustransfer to **Siena**, guided tour of the city; transfer to **Montalcino (5)**, typical Tuscan dinner and wine tasting of the popular DOCG «Brunello». Return and overnight stay.

6th Day breakfast and reserved bustransfer to a guided tour on **Argentario Mount (6)**, typical lunch containing fish courses and sprinkled with local wines, transfer to **Magliano in Toscana (7)** and visit to the medieval borgo and local dinner. Return and overnight stay.

7th Day breakfast and reserved bustransfer to Pisa Airport «G. Galilei»; departure by scheduled flight and return back home.





Siena

Geology and Flavours around an alternative Tuscany

7 days/6 nights

1st Day arrival at the Pisa Airport «G. Galilei»; meeting with the tour guide and first stop at **Piazza dei Miracoli**. Guided tour of the city with the jewels: the Dome, the Baptistery and the hanging Tower. Transfer to the booked venue and accommodation of guests in rooms. Free time at your disposal and in the evening a typical Tuscan dinner. Overnight stay.

2nd Day breakfast and reserved bustransfer to **Massa Marittima**, guided tour of the city and visit of the geothermal site **Biancane (1)**; walk and characteristic lunch in the forest with typical genuine products; transfer to **Larderello** with guided tour of the **Museum of Geothermal Science**. Typical Tuscan dinner with wine tasting of local wines. Return and overnight stay.

3rd Day breakfast and reserved bustransfer to **Florence**, guided tour of the city and free lunch; transfer to **San Galgano (2)**, typical dinner with local wines. Return and overnight stay.

4th Day breakfast and reserved bustransfer to **Montalcino**, guided tour of **S. Antimo Abbey**; transfer to **Pienza (3)**, guided tour and lunch; transfer to **Montepulciano (4, 5)**, guided tour of the city and visit of one of the most prestigious Montepulciano red wine cellars. Dinner, return and overnight stay.

Notes

Accommodation in tourist venue (hotel, residence, country house). Cleaning and bed linen changing are included.

Quote per person from € 800,00

Supplement for single room 30%

Individual quote on request

This price is based on minimum 20 persons

The itinerary could be change on request.

The quote includes

Transfers airport/booked venue

Breakfast, lunches and dinners as program

Guided tours as program

The quote does not include

Wine tastings

Drinks

Possible entrance tickets

Non mentioned meals

Tips

5th Day breakfast and reserved bustransfer to **Monteriggioni (6)**, guided tour of the fortified borgo, free lunch and transfer to **Siena**, guided tour of the city. Typical Tuscan dinner, return and overnight stay.

6th Day breakfast and reserved bustransfer for a guided tour on **Argentario Mount (7)**, guided tour of the headland «borgos» with typical lunch; boarding on a ferry for a guided tour of **Giglio Island**; return and overnight stay.

7th Day breakfast and reserved bustransfer to Pisa Airport «G. Galilei»; departure by scheduled flight and return back home.





San Gimignano

A taste of Art, Culture and Flavours

9 days/8 nights

1st Day arrival at the Pisa Airport «G. Galilei»; meeting with the tour guide and first stop at **Piazza dei Miracoli (1)**. Guided tour of the city with the jewels: the Dome, the Baptistery and the hanging Tower. Transfer to the booked venue and accommodation of guests in rooms. Free time at your disposal and in the evening a typical Tuscan dinner. Overnight stay.

2nd Day breakfast and reserved bustransfer to **Populonia** with guided tour of the **Etruscan Necropolis**; transfer to **Campiglia Marittima**, lunch and guided tour of the site and the **Archaeological and Mineral Museum**; transfer to **Suvereto (2)**, free time at your disposal; dinner in a typical restaurant and wine tasting of DOC **Cornia Valley** wines. Return and overnight stay.

3rd Day breakfast and reserved bustransfer to **Lucca (3)** for a guided tour of the city; free lunch and transfer to **Calci** to visit the Certosa; transfer to **Bolgheri**, dinner and wine tasting of some of the most important DOC Bolgheri wines. Return and overnight stay.

4th Day breakfast and reserved bustransfer to **Piombino (4)** Harbour; boarding on the ferry to **Elba Island** and beginning of the sightseeing tour. Lunch with fish courses and continuation of the sightseeing tour. Boarding on the ferry to Piombino; Dinner and overnight stay.

Notes
Accommodation in tourist venue (hotel, residence, country house). Cleaning and bed linen changing are included.
Quote per person from € 850,00
Supplement for single room 30%
Individual quote on request
This price is based on minimum 20 persons

The itinerary could be change on request.

The quote includes
Transfers airport/booked venue
Breakfast, lunches and dinners as program
Guided tours as program

The quote does not include
Wine tastings
Drinks
Possible entrance tickets
Non mentioned meals
Tips

5th Day breakfast and reserved bustransfer to the guided tour of **Massa Marittima**, continuation with the visit of the natural geothermal site **Biancane**; walk and characteristic lunch in the forest; transfer to **Larderello** with guided tour of the **Museum of Geothermal Science**. Arrival to the booked venue and guests accomodation. Dinner in a farm-house with tasting of typical products. Overnight stay.

6th Day breakfast and reserved bustransfer to the guided tour of **Volterra (5)**; lunch and bustransfer to the guided tour of **San Gimignano**; tour of **San Vivaldo Hermitage (6)** nearby; return for dinner and overnight stay.

7th Day breakfast and reserved bustransfer with 3 hours guided tour of **Florence**; free lunch and free time at your disposal; return and dinner. Overnight stay.

8th Day breakfast and reserved bustransfer to **Monteriggioni**, guided tour of the fortified borgo, free lunch and transfer to **Siena**, guided tour of the city and free time at your disposal; transfer to **San Galgano (7)** with typical Tuscan dinner. Return and overnight stay.

9th Day breakfast and reserved bustransfer to Pisa Airport «G. Galilei»; departure by scheduled flight and return back home.





Lucca

Etruscan Tour and Cities

9 days/8 nights

1st Day arrival at the Pisa Airport «G. Galilei»; meeting with the tour guide and first stop at **Piazza dei Miracoli**. Guided tour of the city with the jewels: the Dome, the Baptistery and the hanging Tower. Transfer to the booked venue and accommodation of guests in rooms. Free time at your disposal and in the evening a typical Tuscan dinner. Overnight stay.

2nd Day breakfast and reserved bustransfer to **Populonia (1)** with guided tour of the **Etruscan Necropolis**; transfer to **Campiglia Marittima**, lunch and guided tour of the site and the **Archaeological and Mineral Museum**; transfer to **Suvereto**, free time at your disposal, typical Tuscan dinner with wine tasting of local wines. Return and overnight stay.

3rd Day breakfast and reserved bustransfer to **Lucca** for a guided tour of the city; free lunch and transfer to **Calci** to visit the Certosa; bustransfer to **Bolgheri**, dinner and wine tasting of some of the most important DOC Bolgheri wines. Return and overnight stay.

4th Day breakfast and reserved bustransfer to **Piombino Harbour**; boarding on the ferry to **Elba Island** and beginning of the sightseeing tour **(2)**. Lunch with fish courses and continuation of the sightseeing tour. Boarding on a ferry to Piombino; dinner and overnight stay.

Notes

Accommodation in tourist venue (hotel, residence, country house). Cleaning and bed linen changing are included.

Quote per person from € 850,00

Supplement for single room 30%

Individual quote on request

This price is based on minimum 20 persons

The itinerary could be change on request.

The quote includes

Transfers airport/booked venue

Breakfast, lunches and dinners as program

Guided tours as program

The quote does not include

Wine tastings

Drinks

Possible entrance tickets

Non mentioned meals

Tips

5th Day breakfast and reserved bustransfer to **Scansano (3)**, walking in the town with lunch and wine tasting of DOC Morellino di Scansano; tranfer to **Pitigliano (4)** and guided tour of the town; typical dinner and wine tasting of the DOC Bianco di Pitigliano. Return and overnight stay.

6th Day breakfast and reserved bustransfer to **Florence**, guided tour of the city with free lunch; transfer to **Greve in Chianti (5)**, typical dinner and wine tasting of DOCG Chianti dei Colli Fiorentini. Return and overnight stay.

7th Day breakfast and reserved bustransfer to **Monteriggioni (6)**, guided tour of the fortified borgo, free lunch and transfer to **Siena (7)**, guided tour of the city with free time. Typical dinner. Overnight stay.

8th Day breakfast and reserved bustransfer to **Vetulonia** to the guided tour of the **Etruscan Necropolis**; transfer to **Talamone**, tour of the borgo and lunch. Transfer to **The Garden of Tarots**, return, dinner and overnight stay.

9th Day breakfast and reserved bustransfer to Pisa Airport «G. Galilei»; departure by scheduled flight and return back home.





Livorno

Tuscany: all the best among

1st Day arrival at the Pisa Airport «G. Galilei»; meeting with the tour guide and first stop at **Piazza dei Miracoli**. Guided tour of the city with the jewels: the Dome, the Baptistery and the hanging Tower. Transfer to the booked venue and accommodation of guests in rooms. Free time at your disposal and in the evening a typical Tuscan dinner. Overnight stay.

2nd Day breakfast and reserved bustransfer to **Piombino** Harbour; boarding on the ferry to **Elba Island** and beginning of the sightseeing tour. Lunch with fish courses and continuation of the sightseeing tour. Boarding on the ferry to Piombino; dinner and overnight stay

3rd Day breakfast and reserved bustransfer to **Populonia** with guided tour of the **Etruscan Necropolis**; transfer to **Campiglia Marittima**, lunch and guided tour of the site and the **Archaeological and Mineral Museum**; bustransfer to **Suvereto (1)**, free time at your disposal, typical Tuscan dinner with wine tasting of Cornia Valley wines. Return and overnight stay.

4th Day breakfast and reserved bustransfer to **Lucca** for a guided tour of the city; free lunch and transfer to **Calci** to visit the Certosa; transfer to **Bolgheri (2)**, dinner and wine tasting of some of the most important DOC Bolgheri wines. Return and overnight stay.

5th Day breakfast and reserved bustransfer to the harbour and boarding on the cruise around the **Tuscan Archipelago**, lunch on board; return, dinner and overnight stay.

6th Day breakfast and reserved bustransfer to **Livorno**, guided tour of the city with typical lunch with **Cacciucco** (fish course) and local wines; transfer to **Montescudaio (3)** with guided tour of the medieval borgo and typical dinner with wine tasting of DOC Montescudaio. Return and overnight stay.

7th Day breakfast and reserved bustransfer to the guided tour of **Massa Marittima**, continuation with the visit of the natural geothermal site **Biancane**; walk and characteristic lunch in the forest;

Notes

Accommodation in tourist venue (hotel, residence, country house). Cleaning and bed linen changing are included.

Quote per person from € 1.300,00

Supplement for single room 30%

Individual quote on request

This price is based on minimum 20 persons

The itinerary could be change on request.

Art, Foods and Culture #1

14 days/13 nights

The quote includes

Transfers airport/booked venue

Breakfast, lunches and dinners as program

Guided tours as program

The quote does not include

Wine tastings

Drinks

Possible entrance tickets

Non mentioned meals

Tips

transfer to **Larderello** and visit to the **Museum of Geothermal Science (4)**. Arrival to the booked venue and guests accommodation. Dinner in a farm-house and tasting of typical products. Overnight stay.

8th Day breakfast and reserved bustransfer to the guided tour of **Volterra**; lunch and transfer to **San Gimignano** visit; tour of **San Vivaldo Hermitage** nearby; return, dinner and overnight stay.

9th Day breakfast and reserved bustransfer to the guided tour of **Florence**; free lunch and free time at your disposal; return and dinner. Overnight stay.

10th Day breakfast and reserved bustransfer to **Monteriggioni**, guided tour of the fortified borgo, free lunch and transfer to **Siena**, guided tour of the city and free time at your disposal. Transfer to **Arezzo**, arrival to the booked venue, typical dinner. Overnight stay.

11th Day breakfast and reserved bustransfer to the **Casentino** area with tour of **Verna sanctuary (5)**, **Camaldoli Monastery and Sacred Hermitage**; lunch and visit to **Caprese Michelangelo (6)** (the native village of Michelangelo Buonarroti), and to **San Sepolcro** where you can find some important paintings by Piero della Francesca.

12th Day breakfast and reserved bustransfer to the guided tour of **Cortona (7)**; lunch and following walk along the **Trasimeno** lake shores; return, dinner and overnight stay.

13th Day breakfast and reserved bustransfer to the guided tour of **Pienza**, free lunch and transfer to **Montepulciano**, guided tour of the city and visit at one of the most prestigious wine cellars of DOC Rosso Montepulciano; dinner, return and overnight stay.

14th Day breakfast and reserved bustransfer to Pisa Airport «G. Galilei»; departure by scheduled flight and return back home.





Arezzo

Tuscany: all the best among

1st Day arrival at the Pisa Airport «G. Galilei»; meeting with the tour guide and first stop at **Piazza dei Miracoli**. Guided tour of the city with the jewels: the Dome, the Baptistery and the hanging Tower. Transfer to the booked venue and accommodation of guests in rooms. Free time at your disposal and in the evening a typical Tuscan dinner. Overnight stay.

2nd Day breakfast and reserved bustransfer to **Populonia** with guided tour of the **Etruscan Necropolis**; transfer to **Campiglia Marittima**, lunch and guided tour of the site and the **Archaeological and Mineral Museum**; transfer to **Suvereto**, free time at your disposal, typical Tuscan dinner with wine tasting of Cornia Valley wines. Return and overnight stay.

3rd Day breakfast and reserved bustransfer to **Lucca** for a guided tour of the city; free lunch and transfer to **Calci** to visit the Certosa; transfer to **Bolgheri**, dinner and wine tasting of some of the most important DOC Bolgheri wines. Return and overnight stay.

4th Day breakfast and reserved bustransfer to the guided tour of **Massa Marittima**, continuation with a visit to the natural geothermal site **Le Biancane**; walk and characteristic lunch in the forest; transfer to **Larderello** with guided tour of the **Museum of Geothermal Science**. Arrival to the booked venue and guests accommodation. Dinner in a farm-house with tasting of typical products. Overnight stay.

5th Day breakfast and reserved bustransfer to the guided tour of **Volterra (1)**; lunch and transfer to **San Gimignano** visit; tour of **San Vivaldo Hermitage (2)** nearby; return, dinner and overnight stay.

6th Day breakfast and reserved bustransfer to the guided tour of **Florence (3)**; free lunch and free time at your disposal; return and dinner. Overnight stay.

Notes

Accommodation in tourist venue (hotel, residence, country house). Cleaning and bed linen changing are included.

Quote per person from € 1.300,00

Supplement for single room 30%

Individual quote on request

This price is based on minimum 20 persons

The itinerary could be change on request.

Art, Foods and Culture #2

14 days/13 nights

The quote includes

Transfers airport/booked venue
Breakfast, lunches and dinners as program

Guided tours as program

The quote does not include

Wine tastings

Drinks

Possible entrance tickets

Non mentioned meals

Tips

7th Day breakfast and reserved bustransfer to **Monteriggioni**, guided tour of the fortified borgo, free lunch and transfer to **Siena**, guided tour of the city and free time at your disposal. Transfer to **Arezzo**, arrival to the booked venue, typical dinner. Overnight stay.

8th Day breakfast and reserved bustransfer to the **Casentino** area with visit to the **Verna Sanctuary (4)**, the **Camaldoli Monastery and Sacred Hermitage (5)** and the native village of Michelangelo Buonarroti: **Caprese Michelangelo (6)**.

9th Day breakfast and reserved bustransfer to the guided tour of **Cortona**; lunch and following walk along the **Trasimeno** lake shores; return, dinner and overnight stay.

10th Day breakfast and reserved bustransfer to the guided tour of **Pienza (7)**, free lunch and transfer to **Montepulciano**, guided tour of the city and in one of the most prestigious DOC Rosso Montepulciano wine cellars; transfer to the booked venue and guests accommodation. Dinner in a farm-house and tasting of typical products. Overnight stay.

11th Day breakfast and reserved bustransfer to a guided tour on **Argentario Mount**, guided tour of the headland «borgos» and typical lunch; boarding on a ferry for a guided tour of **Giglio Island**; return and overnight stay.

12th Day breakfast and reserved bustransfer to **Vetulonia** and visit of the **Etruscan Necropolis**; transfer to **Talamone**, tour of the borgo and lunch. Transfer to **The Garden of Tarots**, return, dinner and overnight stay.

13th Day breakfast and reserved bustransfer to **Scansano**, walk in the town with lunch and wine tasting of DOC Morellino di Scansano; transfer to **Pitigliano** and guided tour of the town; typical dinner and wine tasting of the DOC Bianco di Pitigliano. Return and overnight stay.

14th Day breakfast and reserved bustransfer to Pisa Airport «G. Galilei»; departure by scheduled flight and return back home.



GLOSSARY



Maremma

Arezzo: it's a city that boasts of an historical centre with important monuments from the Etruscan age up to the modern age. You can find a wonderful fusion of Romanesque and Gothic features together with the incredible scenery of the Saracino Palio and the beautiful frescos by Piero della Francesca that increase the value of the historical centre.

Baratti: it is the only seafaring centre built by the Etruscans for the manufacturing of the Elba Island iron. In the gulf and on the beaches you can still find remains of the iron fusion from the Etruscan and Roman age. The Etruscan necropolis is in the Baratti Gulf where there are some locations that date back to different moments of the Etruscan history. In the archaeological Baratti Park and in Populonia you can visit areas that date back to the VII B.C.

Baratti and Populonia archaeological park: it is a wide park in front of Baratti Gulf. The monumental necropolis of San Cerbone is the only one built by the sea; it is possible to visit it, following organized paths through the buildings where there used to be metals manufacturing, and through the ancient stone caves.

Bolgheri: it is a medieval castle where inside there is a quaint small inhabited borgo. It is known all over the world for the good red wines of local production, like the *DOC Bolgheri*. A beautiful road with cypresses brings you to the castle.

Cacciucco: it is a typical fish soup from Livorno. Originally it was a poor dish and it had been created by the fishermen to use the fish that was hard to sell. It is usually cooked with garlic, parsley and bread.

Campiglia Marittima: it is an interesting medieval borgo in the heart of Cornia Valley, where there are striking remains of the Etruscan civilization: the Fucinaia Valley ovens (VII-VIII century B.C.) and San Silvestro park. These remains tell the story and the manufacturing of metals in the Etruscan age and in the following centuries.

Capraia Island: a strip of home-made aromas and a very limpid sea. The rocky ground has a volcanic origin: you can see it inland and by the coast from the geological features, from the colour and settling of rocks, from the build-up of ashes and lava fragments. On the island there is also a small lake, the only natural one of the Tuscan Archipelago.

Caprese Michelangelo: it is a small town of the Arezzo area and it is located on the Appennini mountains, in the green area of the Tuscan Tiberina Valley. Wide beech trees woods, chestnut trees



Baratti
Colline metallifere

and oaks create an uncontaminated scenery. It is the hometown of Michelangelo Buonarroti, the famous artist of the Renaissance.

Casentino: it is an area on the Tuscan Appennini mountains between Florence and Arezzo where the river Arno originates and then crosses Florence and Pisa. It is an area of legends, wars and alliances with the most beautiful and important hills and hermitages in Europe (like Camaldoli and La Verna).

Cecina: it is a XIX century borgo where they used to live since the Etruscan and Roman age. It is located close to a settlement of the Neolithic age and it records fascinating remains in the San Vincenzino archaeological Park and in the civic museum located inside the Cinquantina Villa (XVIII century).

Certosa di Pisa – Calci: monastic complex founded in 1366 and very close to Pisa. Today there is the Museum of Natural History and Territory of Pisa University.

Colline metallifere (hills with metals): it is a mountainous complex in the south west of Tuscany, rich of metal fields of pyrite, copper, zinc and natural geothermic examples. This is where this area takes its name from, from the geological state of rocks and from the activity of mining and steelworking since old times.

Cornia Valley: this valley is part of the Maremma area and it includes small towns like Piombino, San Vincenzo, Campiglia Marittima, Suvereto, Sassetta. It is located in front of the Elba Island.

Cortona: before it was a potent Etruscan town, now it is a noble medieval borgo. It has important monuments and a wide view on the Amiata Mount and the Trasimeno Lake.

Elba Island: it is the most important island of the Tuscan Archipelago, with high and rocky coasts, deep inlets and wonderful sandy beaches. The intense blue and clear water make it even more beautiful. Known since the Etruscan age for iron fields, it is the place where Napoleone Bonaparte was exiled in 1814-1815 and lived in his San Martino villa in Portoferraio.

Etruscan Coast: it is the Tuscan coast from Livorno to Piombino. It takes this name from the numerous Etruscan Necropolises, especially in the Baratti Gulf and in Populonia.

Etruscan Necropolis: group of burial places. There are some Etruscan necropolises that are really magnificent and are historically very interesting. They have ground, bassoon and room graves, often with paintings or cave art.

GLOSSARY

Monte Amiata

Florence: it is the cradle of the Italian Renaissance. Thanks to the genius of the creative personalities who lived there, it influenced the culture and civilization of the whole Europe.

Giglio Island (Lily Island): it is an island of the Tuscan Archipelago. There are mountains and vineyards, a small inhabited centre and a quaint harbour.

Greve in Chianti: it is an inhabited medieval centre and one of the most important areas for the production of the wine *DOCG Chianti dei Colli Fiorentini* (Chianti wine from Florence hills). There are a lot of attestations from the past, such as castles and fortified borgos that recall the fight between Florence and Siena.

Larderello: it is an inhabited town on the Colline Metallifere, in the «Devil's Valley» area. The valley takes this name because steam columns are captured by pipelines to be transformed in electronic energy and create an odd infernal landscape.

Larderello, Museum of geothermal science: it traces the chronological history of geothermal power, with photos, tools and machineries. These places are very fascinating because of the geothermal activity and the natural manifestations that characterize the whole area (where boric acid is present) with sulphur activities, lakes and geysers.

Le Biancane: it is a wide area with minor volcanic phenomenon, where powerful natural emissions color it with white and allow atypical flora to grow.

Livorno: it is a lively sea town (the biggest harbour in Tuscany). It inspired the musical art of Pietro Mascagni, the pictorial art of Giovanni Fattori and Amedeo Modigliani.

Lucca: it is the protagonist town of its same history, because of the constitution of an independent town hall in 1119 and also of the urban system project. The town is all inside a surrounding wall, with a star map shape, with narrow streets that suddenly come out in beautiful squares with precious and superb monuments.

Magliano in Toscana: it is a small Etruscan town with a medieval aspect. It is interesting to visit because of the surrounding walls, the Priori Palace and the spectacular ruins of San Bruzio Romanesque Church (from where it is possible to see the Argentario Mount).

Maremma: wide geographical area between Tuscany and Latium that overlooks the Tyrrhenian Sea. The place name probably comes from the latin word *maritima* that means «marsh». Dante traces its borders between Cecina (Livorno) and Tarquinia (Viterbo). The wide area is actually divided in three parts:



Livorno

Maremma Livornese or Pisana (North), Maremma Grossetana (Central) and Maremma Laziale (South).

Massa Marittima: very old town, it was very important in the medieval age. There are many interesting Roman buildings of the XIII century (the Cathedral, the Pretorio Palace, the town hall)

Monastery and Camaldoli Sacred Hermitage: it is an important monastic complex of the XI century completely surrounded by a thick forest at 1,111 mt. on sea level.

Montalcino: wine center of international prestige for the production of the wine *DOCG Brunello*. It is a fortified borgo that unites its history with Siena, as you can see by the Rocca and the city walls, realized by people from Siena in 1361. A few kilometres from the town it is possible to visit the Sant'Antimo Abbey, XI century.

Monte Argentario: daring and amazing rocky promontory in the Tyrrhenian Sea, joint to the ground by two sandy strips, enriched by two picturesque marine centers as Porto Santo Stefano and Porto Ercole.

Montepulciano: it is an important town of the Renaissance and it is also the heart of the production area of three DOC wines like the *Nobile di Montepulciano*, *Chianti*, *Chianti Colli Senesi*. It is built on the top of a tuff hill that divides the two valleys, the Chiana Valley and the Orcia Valley. In the town there are religious and civil buildings of the Renaissance and it is also the hometown of one of the nicest poets of the age: Angelo Poliziano.

Monteriggioni: it is a very old settlement, Etruscan before and then Roman, and it is famous for the city walls which are 500 mt. long, 20 mt. tall and include 14 towers with square bases built in between the years 1213 and 1219. An impregnable fortress, perfectly maintained up to today.

Montescudaio: it is a borgo in the Pisa hinterland, surrounded by walls. This is the area where they produce the wine *DOC Montescudaio* (red and white).

Pisa – Miracles Square: it is a wonderful architectural complex (the Dome, the baptistry, the hanging Tower) with a Romanesque Pisa style. It is the symbol of Pisa and Tuscany in the world.

Pienza: it is a monumental town located between Tuscany and Umbria and it is interesting for the city map, because it was designed by the Florentin architect Bernardo Rossellino and requested by the humanist Enea Silvio Piccolomini (he became Pope with the name of Pio II).

Piombino: it is an ancient Roman harbour that was realized to permit the transit of merchandise

GLOSSARY

Buca delle fate

and passengers directed to Elba Island. In the historical center you can still find important medieval examples and the seaside walking offers a beautiful view on the Tuscan Archipelago.

Pitigliano: it is a splendid borgo, where the houses alternate with the rocks that sustain it. There is the Orsini Palace Fortress (1100) that gives hospitality to the archaeological museum. Under the town on the top of the cliff, there is an underground town excavated in tuff, since the Etruscan age. The wine *DOC Bianco di Pitigliano* is produced here.

Populonia: it is an Etruscan town, one of the most important centres of the ancient world for iron manufacturing and selling. It is located on the top of a hill and is surrounded by the sea and connected to the Baratti gulf by a beautiful road with a view. It has an indescribable and unique charme. The medieval walls, built as a defence from the pirates, include narrow streets still kept intact with the passing of time. Recent archaeological excavations have brought to life the ancient Etruscan town.

Sant'Antimo Abbey: hieratic monastic complex founded by an ex-voto given by Carlo Magno around the 750 A.C. in Montalcino area.

San Silvestro archaeological and mineral park: open museum on the hills between Campiglia Marittima and San Vincenzo. There are guided paths that bring you to discover important archaeological sites, the history of the metallurgic activities and extractions of the area since Etruscan time.

San Galgano: a green meadow as a floor, a blue sky as a roof and the magnificent beauty of the walls and the apse frame, the striking and imposing ruins of the big Cistercian Abbey (XIII century). It is close to Montesiepi Hermitage, where inside you can find San Galgano sword.

San Gimignano: unique medieval town with numerous towers and enriched by the picturesque Cisterna Square, by the Podestà Palace, by the Folk Palace and by the Collegiata. Since eight centuries it is the area of production of the wine *DOCG Vernaccia di San Gimignano*, which took its name in 1276. The Museum of Criminology is also very interesting.

San Sepolcro: it is a very important borgo and one of the favourite destinations of tourists, thanks to the important paintings by Piero della Francesca.



Suvereto

San Vivaldo: it is a convent, acknowledged as a national monument, that represents in small scale, Jerusalem in the XV century, through a path with small chapels and temples, terracotta tools and paintings by the Robbiano school of the XVI century.

San Vincenzo: modern and efficient city, rich of sport resorts and with a well equipped turistic harbour. It was inhabited since very ancient times and it overlooks the Tyrrhenian Sea with beautiful and deep fine white sand beaches over a cobalt blue sea.

Sassetta: small and nice historical borgo of the Etruscan Coast with a castle on the top of a hill, overlooking uncontaminated woods and chestnut forests close to the sea. The ancient medieval castle still keeps memories of its past, like the Romanesque baptismal font.

Scansano: important borgo in Maremma, sought for the healthness of the place. In this area they produce the popular wine *DOC Morellino di Scansano*.

Siena: medieval city with an incredible quantity of art works in the buildings close to Campo Square. Every year, up to the end of 1556, a unique parade precedes the horse riding. This competition represents the districts of the city which fight to conquer the Palio (a prize).

Sovana: it is a borgo rich of history, it is suggestive and melancholy but also a fascinating fragment of the far Middle Ages.

Suvereto: it is a medieval borgo that, among the original walls and towers, contains an enchanting architectural harmony, narrow streets, stone houses, historical buildings, very suggestive churches and the beautiful Town Hall Palace of 1200.

Talamone: fishermen borgo on a small turquoise gulf and overtopped by an old fortress where today there is an Historical and Naturalistic Museum.

The Garden of Tarots: it is an artistic park, in the Capalbio area, with enormous statues symbolizing the Tarots. It was created by the French-American artist Niki Saint Phalle. She was inspired by the Parque Guell in Barcelona realized by Gaudi.

Trasimeno Lake: it is the fourth biggest lake in Italy and it ends in the Tiber River. It is famous for a battle between Cartago and Rome in 217 B.C..

Tuscan Archipelago: seven islands (Gorgona, Capraia, Elba, Pianosa, Montecristo, Giglio and Giannutri) located in front of the Tuscan coast. The legends narrates that Venus, while she was coming out the Tirreno Sea waters, let slip 7 pearls from her neckless.

GLOSSARY



Tuscan landscape



Verna Sanctuary: monastic complex, surrounded by a big forest, that keeps precious treasures of spirituality, art, culture and history. It is located at the north of Arezzo on the Tuscan Appennine Mountains.

Vetulonia: this town has a medieval shape but its polygon shape walls and a necropolis say that it has an Etruscan origin.

Villa Guerrazzi: it is an elegant and refined villa of the XVIII century dipped into the green of a beautiful park close to the sea. It is possible to discover its ancient origins thanks to the archaeological museum and the traditional kitchen and culture of the Etruscan Coast.

Vinci: it is a medieval borgo surrounded by wide fields of vineyards and olive-trees, it inspired the creative genius of Leonardo da Vinci. The Count Guidi castle contains dozens of machineries projected by Leonardo and also some pictorial works and other original paperwork. In this area they produce the *Chianti Montalbano DOCG*, the *DOC Bianco dell'Empolese* and the *Colli dell'Etruria Centrale*.

Volterra: precious city of art and history with a strict medieval aspect that dominates the center of Tuscany to 360°. It has always been famous for the production of alabaster and has a beautiful archaeological museum. There are a lot of ruins of the Etruscan walls and the Roman Theatre and the city walls contain very important monuments.



Grosseto



*Saturnia
Magliano in Toscana*



OIL

In Tuscany, olive tree-growing dates back to the VII century B.C. At the beginning olive oil was used by Greeks as a precious cosmetic; only afterwards, in the Etruscan and Roman age, they started to use it as a food.

Olive tree-growing is a significant element of the environment, of the traditions and of the culture of the population living in the Tuscan territory. This is where the olive oil can grow in perfect conditions and it is possible to obtain a valuable biological oil with a rare fruity aroma.

How they produce it. Tuscan oil is produced by squeezing out the homogeneous paste obtained by grinding the hand-picked olives.

How to use it. Tuscan oil is the ideal dressing for all Tuscan courses.

How to store it. Oil needs to be stored in cool and dry places and far from warm sources, temperature must be between 14 and 20°C. In this way the quality of the product is not going to change for over 36 months.

When oil freezes at low temperatures, you need to reinstate the bottle to room-temperature (16-18°C) for a couple of minutes and then shake it, to bring the product back to its natural state.

Quality classification:

DOP – Denomination of Protected Origin)

The Denomination of Protected Origin points out an agricultural or alimentary product which has been transformed and elaborated in a place where it has acquired the quality and the main features of that special geographical environment, and where all the production steps are produced in the same area.

Products that acquire this kind of denomination need to respect some specific rules of production. In Italy there are more than 80 DOP products including cheese, sliced meat and oils.



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WINE

Wine is a natural drink obtained by the fermentation of the fluid derived by squeezing out the grapes. The fermentation process ends when there is no more sugar and alcohol reaches a point of toxicity. After that, it starts a process of purification and maturation.

Match with the meals: except personal tastes, usually the best match is the one where food and wine don't prevail one on the other.

Quality classification:

DOC (Denomination of Controlled Origin)

The Denomination of Controlled Origin is a national brand for wines coming from a limited area of local grapes and following the traditional and constant customs of the place. DOC wines need to follow rules of production that define the physical, chemical and organoleptic features.

DOCG (Denomination of Controlled and Guaranteed Origin)

The Denomination of Controlled and Guaranteed Origin is usually given to some national and international prestige DOC wines. The DOCG are subjected to strict controls and are usually marketed in containers up to 5 litres. Bottles need to have a number and a mark from the State. DOCG are also judged by a wine-tasting commission; if the judgement is positive they will leave to the producer special seals, to break only when opening the bottle.

IGT (Typical Geographical Identification)

It's a quality recognition given to wines usually coming from large production areas and following rules not as restrictive as other denominations of quality. IGT wines need to come from the geographical area included in their names at least for the 85%. They can't surpass the maximum rendering of grapes/wine and the maximum rendering of grapes per hectare.



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CHEESE

The actual «Pecorino delle Balze Volterrane» is a direct descendant of a cheese dating to the medieval period, known for the characteristic production of the use of a vegetal rennet as a milk coagulant. This rennet was obtained from the pistils of the wild artichoke plant. The use of this rennet gives this cheese particular organoleptic characteristics, one of which is a sweeter but more pungent flavour than other sheep milk cheeses.

This cheese is waiting for final scrutiny and approval by the Ministry of Agricultural Politics in Brussels as DOP.

Current production method

This particular kind of cheese is produced with sheep milk brought in special containers and pumped into the cauldrons where it is heated to 35-36°C. The resulting mass is ready for the first cutting and putted into small bits for separating the milk solids from the whey. When the whey is removed the cheese wheels are turned four times during the stewing period. After two or three weeks the cheese wheels have developed natural surface mould. Now the cheese is washed, dried, putted into the aging cells and aged from three to six months.

Best way to consume

Pecorino delle Balze Volterrane has an intense flavour; it is ideally combined with great red wines of the Tuscan tradition.

Conservation

This unusual cheese should be kept well away from any source of heat. It should be stored in a place with low humidity levels.



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Tuscany



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Musical and Cultural Organization

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